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*UNDER FREQUENCY IN GENERATING UNITS: EFFECTS AND MITIGATIONS*

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**ABSTRACT**

The effect of under frequency on generating units is a critical aspect of power system stability and reliability. Under frequency events occur when the frequency of an alternating current (AC) power system drops below its nominal value, typically 50 or 60 Hertz. This phenomenon can be triggered by various factors such as sudden load increases, generator tripping, or grid disturbances. Understanding how under frequency affects generating units is essential for maintaining the stability of power systems and preventing cascading failures. This paper provides an overview of the causes, consequences, and mitigation strategies associated with under frequency events on generating units. It examines how under frequency impacts the performance and safety of generating units, including increased mechanical stress, potential damage to equipment, and risk of instability in the power system. Various control and protection schemes are discussed to mitigate the adverse effects of under frequency events and ensure the continued operation of generating units within safe operating limits. Understanding the implications of under frequency on generating units is crucial for maintaining the reliability and resilience of power systems in the face of dynamic operating conditions and unforeseen disturbances.

**Key Words: Frequency, Power Generation, Stability, Grid and Renewable Energy**

**INTRODUCTION**

Over the years, mankind has been in pursuit for the conversion and exploitation of various forms of energy. The only energy that has greatly improved the quality of life over the decade is electricity. Electricity is generated by various types of power plants and transmitted to end-users through electric power networks. Since the generated electricity cannot be stored efficiently in large quantities within a reasonable financial budget, it must follow consumption in real time. The direct measure that indicates the active power balance between the generation and consumption of electricity is the speed of synchronous machines' rotors, whereas the indirect measure is the frequency of the induced alternating voltage at their terminals. In continuous electric power system (EPS) operation, the operators try to reduce this frequency to a relatively narrow band around the nominal value (mostly 50 or 60 Hz).

The primary reason for this are limitations in the design of steam turbines which are prone to cumulative damage due to blade resonances at abnormal turbine speed operation (Delfino, B.et al, 2001). If the power balance is unexpectedly disturbed by a sudden generator, load or transmission line outage, short circuits, lightning strikes, system splits, etc., the resulting imbalance must be re-established in due time else, the generators are sequentially tripped, which most likely leads to complete blackout resulting to economic and social consequences (Celozzi, F.,2021). Power system restoration process is always complex, delicate and time consuming thus, frequency control mechanisms and system integrity protection schemes are installed to prevent blackouts. In the intricate web of power generation and distribution, maintaining the delicate balance of frequency is crucial. Under frequency, a phenomenon that occurs in generating units, refers

to a decrease in the frequency of an electrical power system below its normal or rated value. It poses significant challenges to the stability and reliability of generating units and the entire power grid. Understanding the effects of under frequency and implementing effective mitigations is paramount in ensuring the resilience of power systems worldwide. To comprehend the implications of under frequency, it is imperative to grasp the fundamentals of frequency in power systems and overview in power system stability. Frequency, measured in Hertz (Hz), represents the rate at which alternating current (AC) cycles oscillate per second. In most regions, the standard frequency for power systems is 50Hz or 60Hz. This frequency is meticulously regulated to maintain synchronous operation among interconnected generators and loads. In general term, over frequency condition does not pose serious problems since operator and/or control action can be used to quickly restore generator speed and frequency to normal without any need of tripping the generator. Moreso, of primary concern is the system disturbance caused by a major loss of generation which produces system separation and severe overloading on the remaining system generators. Under this condition, the system frequency will decay and the generators may be subjected to prolonged operation at reduced frequency. While load shedding schemes are designed to arrest the frequency decay and to restore frequency to normal during such disturbances, it is possible that under shedding of load may occur. This may cause an extremely slow return of frequency to normal or the bottoming out of system frequency at some level below normal. In either case, there exists the possibility of operation at reduced frequency for sufficient time to damage steam or gas turbine generators. That is to say, under frequency operation of a turbine generator is more critical than over frequency operation since the operator does not have the option of control action. Therefore, it is usually recommended that some form of under frequency protection be provided for steam and gas turbine generators. Furthermore, the integration of energy storage systems, such as batteries and flywheels, provides valuable support in balancing supply and demand during under frequency events. These systems can rapidly inject or absorb power to stabilize frequency, mitigating the risk of grid instability. Additionally, demand response programs empower consumers to contribute actively to frequency regulation by voluntarily reducing or shifting their electricity consumption during peak periods.

### **MEANING OF UNDER FREQUENCY ON GENERATING UNITS**

Under frequency on generating units refers to a condition where the frequency of the alternating current (AC) power output falls below the designated nominal frequency. In most power systems, the nominal frequency is typically 50 Hz or 60 Hz. When the frequency drops below this threshold, it indicates an imbalance between the electrical load and the available generation capacity, leading to potential instability in the power system. Under frequency can result from various factors such as sudden changes in demand, loss of generating capacity, or grid disturbances, and it can have detrimental effects on the performance and reliability of generating units and the overall power grid. Under-frequency can be caused by a system event rather than in the generator itself but the effect is on the generator. This is almost always an attempt by the system to remove excessive current from the stator and limit the rotor speed which will in turn have the effect of depressing the stator terminal voltage. In order to offset this, the excitation system for the generator will generally go into “field forcing” to try maintaining the rated terminal voltage. Therefore, there is a possibility of sustaining overheating in both the stator and rotor windings during this type of event. Protection against overloading in these components is usually provided.

### **LITERATURE REVIEW**

It is established that frequency is a crucial parameter in power systems. Imbalances between supply and demand cause deviations from the nominal frequency: a supply-side excess yields an increase in frequency, while a demand-side excess results in a decrease in frequency (Weedy, B.M.,2012). From large grid frequency deviations, statutory and operational limits can be breached, forcing the power generators to disconnect and resulting in catastrophic system failures. Due to the increase in the integration of renewable sources into power systems, it is envisaged that frequency events severity becomes more and more important as conventional units are supplanted by renewable generators. Apart from the intermittent nature of renewables, most of these renewable resources are decoupled from the grid. Consequently, they do not contribute to the system inertia, but commonly considered as one of the crucial grid parameters to ensure a synchronized operation of current power systems. An inertia reduction of 70% is expected between 2014–2034 as a result of the renewable



integration, thus needing a more 'flexible' power system (Dreidy et al, 2017). In frequency stability studies, thermal power plants have been traditionally and still typically used by the Transmission System Operators (TSO) for frequency control purposes. Conventionally, thermal power plants mainly refer to those based on fossil fuels (coal, oil, and natural gas), which still represent an important part in current power systems. For instance, coal-fired power plants fueled about 38 percent of global electricity in 2020.

**Steam Turbines:** Steam turbines are versatile machines that use high-pressure steam to generate mechanical energy, which is then converted into electrical energy. They are commonly used in power plants and industrial settings worldwide. The principle behind steam turbines involves the controlled expansion of steam, transforming its high-pressure situation into kinetic energy. This energy is then used to drive a rotating shaft, which, in turn, powers an electrical generator. One of the primary advantages of steam turbines is their high efficiency. They can convert a significant percentage of the energy content in steam into usable mechanical and electrical power. Additionally, steam turbines are robust and reliable, making them suitable for continuous operation over extended periods. They can handle varying steam pressures, temperatures, and flow rates, providing flexibility in power generation. Concerning the environmental impact, steam turbines offer some benefits compared to conventional fossil fuel-based power plants. By using a variety of fuel sources such as coal, natural gas, or biomass, steam turbines can help reduce greenhouse gas emissions when compared to burning fossil fuels directly. Additionally, advanced steam turbine technologies allow for the capture and storage of carbon dioxide, further mitigating the environmental impact.

**Nuclear Power Plants:** Nuclear power plants derive electrical energy from the controlled nuclear reactions in radioactive materials, usually uranium or plutonium. Through nuclear fission, large amounts of heat are generated, which can produce steam to drive a turbine for electricity production. Nuclear power plants provide a reliable and sustainable source of energy, as a small amount of nuclear fuel can produce a substantial amount of power. The main advantages of nuclear power plants are their low emissions and their ability to generate a significant amount of electricity consistently. Unlike fossil fuel power plants, nuclear power plants

do not release carbon dioxide or other harmful greenhouse gases during operation, reducing their contribution to climate change. They can also operate continuously for extended periods, providing a stable energy supply for industrial and residential needs. However, nuclear power plants also face concerns regarding safety and radioactive waste disposal. The potential for accidents, such as meltdowns or radiation leaks, raises concerns about human and environmental safety.

**Wind Power Plants:** Wind power plants harness the kinetic energy of wind to generate electricity. They typically consist of multiple wind turbines strategically placed in locations with high wind speeds, such as coastal regions or open fields. When the wind blows, it rotates the turbine blades, which are connected to a generator that converts the rotational energy into electrical energy. One of the significant advantages of wind power plants is their renewable and clean nature. Wind is an abundant resource that does not release harmful emissions or contribute to climate change. Furthermore, wind power plants have a relatively low operational cost since wind is a free resource once the infrastructure is in place. They can also be developed on both small and large scales, making them suitable for various applications, from residential to utility-scale power generation. Wind energy is intermittent and unreliable since it relies on weather conditions. This intermittency can be mitigated through energy storage systems or by coupling with other renewable energy sources.

### OVERVIEW OF THE SIGNIFICANCE OF POWER SYSTEM STABILITY

Power system stability is paramount in ensuring the reliable and efficient operation of electrical grids worldwide. It refers to the ability of a power system to maintain steady-state or transient equilibrium under normal or abnormal operating conditions. The significance of power system stability cannot be overstated, as it directly impacts the reliability, security, and economic viability of electrical networks. Power system stability ensures the continuous and uninterrupted supply of electricity to consumers. By maintaining stable operating conditions, it minimizes the risk of widespread blackouts and voltage collapses, thereby enhancing the overall reliability of the electrical grid. Stable power systems are better equipped to withstand disturbances such as faults, sudden load changes, or generator outages. A stable grid can quickly recover from these events, preventing cascading failures and

maintaining the security of power supply to critical infrastructure, industries, and households. Instabilities in the power system can lead to costly disruptions, downtime, and damages to equipment. By ensuring stability, power utilities can avoid these economic losses and optimize their operations for maximum efficiency. Stable grids also facilitate the integration of renewable energy sources and enhance grid resilience to fluctuations in generation and demand. Power system stability encompasses both voltage and frequency regulation, essential for maintaining the quality of electricity supply. Stable voltage levels ensure the proper functioning of electrical equipment and appliances, while stable frequency ensures synchronization among generators and prevents deviations that can damage equipment and disrupt operation. In the face of evolving energy landscapes, characterized by increasing renewable energy penetration, distributed generation, and electrification of transportation, power system stability becomes even more critical. It requires grid operators to adapt to new challenges and implement advanced control strategies, grid modernization technologies, and robust planning to maintain stability amidst changing operating conditions.

As the world transitions towards a cleaner and more sustainable energy future, ensuring the stability of power systems becomes a global priority. Renewable energy sources such as wind and solar, which are inherently variable and intermittent, introduce new challenges to grid stability. Addressing these challenges through advanced modeling, control algorithms, energy storage solutions, and grid infrastructure upgrades is essential for facilitating the integration of renewable energy and achieving climate goals. Power system stability analysis plays a crucial role in risk assessment, system planning, and design of new infrastructure. By identifying potential stability issues and vulnerabilities, grid operators can proactively implement measures to mitigate risks, such as installing FACTS devices, upgrading transmission lines, and optimizing generation dispatch strategies. In a nutshell, power system stability is not only a technical necessity but also a cornerstone of modern society's reliance on electricity. Its significance spans across reliability, security, economics, and sustainability, making it a fundamental aspect of power system operation and planning in the present and future energy landscapes. There are two main aspects of grid stability: voltage stability and frequency stability.

**Voltage Stability:** Voltage stability refers to the ability of the power system to maintain acceptable voltage levels at different points in the network. It ensures that voltage remains within specified limits, preventing overvoltage or under-voltage conditions that can damage equipment or lead to poor performance of electrical devices. Voltage stability is particularly important during high-demand periods or when the network experiences sudden changes in load or generation. Rapid changes in load demand can affect voltage stability. Sudden increases in load without corresponding adjustments in generation or reactive power support can lead to voltage drops. Adequate reactive power support, provided by generators, capacitors, and other reactive power devices, is crucial for maintaining voltage stability. Insufficient reactive power can result in voltage collapses. The impedance of transmission lines affects voltage drop and can impact voltage stability. Long transmission lines with high impedance may experience significant voltage drops, especially during high load conditions. Installing reactive power compensation devices, such as shunt capacitors or static VAR compensators, helps maintain voltage levels within acceptable limits by supplying or absorbing reactive power as required. Automatic Voltage Regulators (AVRs) in generators and tap-changers in transformers can be used to regulate voltage levels and stabilize the system. Adequate system planning, including load flow studies and voltage stability analysis, helps identify potential voltage stability issues and enables the implementation of appropriate measures.

**Frequency Stability:** According to the IEEE, Frequency stability refers to the ability of an electrical power system to maintain a consistent and steady frequency over time. In a power system, frequency is a critical parameter that needs to be carefully regulated to ensure proper operation of electrical equipment and to maintain the balance between supply and demand. The frequency of an electrical power system is determined by the rotational speed of its generators. As the generators rotate, they produce electrical power at a specific frequency, typically 50Hz or 60Hz, depending on the region. This frequency is crucial because most electrical equipment, such as motors, transformers, and electronic devices, are designed to operate optimally at a specific frequency. Several factors can affect frequency stability in a power system. One key element is the balance between power generation and consumption. If the total load exceeds the available generation capacity, the frequency could drop, leading to a decrease in the

rotational speed of the generators. On the other hand, if the generation exceeds the load demand, the frequency will rise. Therefore, maintaining frequency stability requires careful management and control of power generation and demand. To ensure frequency stability, power system operators use various control mechanisms. One of the primary tools used is automatic generation control (AGC). AGC continuously monitors the system frequency and adjusts the power output of generators to maintain a balance between supply and demand. When frequency deviates from the nominal value, AGC commands the generators to increase or decrease their output accordingly. Another essential aspect of frequency stability is the interconnection of power systems. Interconnected power systems benefit from diversity in generation sources and load patterns, which helps to enhance frequency stability. By sharing resources through interconnections, power systems can provide backup support during emergencies or sudden changes in supply or demand. However, interconnections also introduce challenges, such as managing power flows and ensuring coordination between different control areas. Overall, frequency stability is vital for the reliable and efficient operation of electrical power systems. It requires careful monitoring, control, and coordination of power generation, consumption, and interconnections. As power grids evolve and integrate more renewable energy sources, maintaining frequency stability becomes even more critical, requiring continuous advancements in control technologies and grid management strategies.

Under frequency on generating units can result from various factors within the power system that disrupt the balance between electricity generation and demand. Under frequency on generating units is a complex phenomenon influenced by a combination of factors, including load fluctuations, generation imbalances, grid disturbances, equipment malfunctions, and frequency-dependent load shedding. The causes of under frequency are explained below.

**Load Fluctuations:** Sudden changes in electrical load demand can lead to under frequency conditions. Load fluctuations may occur due to factors such as the switching on or off of large industrial equipment, rapid changes in consumer demand (e.g., during peak hours or sudden spikes in usage), or faults in the distribution network.

**Generation Imbalance:** Under frequency can occur when there is an imbalance between electricity generation and demand within the power system. This can happen due to unexpected generation outages, such as the tripping of generating units or the failure of power plants to meet their output targets. Generation imbalances may also result from inadequate capacity planning or forecasting errors, where the available generation capacity falls short of meeting the actual demand.

**Grid Disturbances:** Disruptions in the power grid, such as faults, short circuits, or transmission line failures, can cause under frequency conditions. Grid disturbances can trigger protective relays and result in the rapid loss of generation capacity, leading to frequency deviations. The severity of under frequency events caused by grid disturbances depends on the extent of the disruption and the availability of backup systems to mitigate the impact.

**Equipment Malfunctions:** Malfunctions or failures of power system equipment, such as generators, transformers, or switchgear, can contribute to under frequency conditions. Equipment failures may result from factors such as aging infrastructure, inadequate maintenance, or design flaws. For example, a generator trip due to a fault in the excitation system or a mechanical failure in a turbine can lead to a sudden loss of generation capacity and a subsequent drop in frequency.

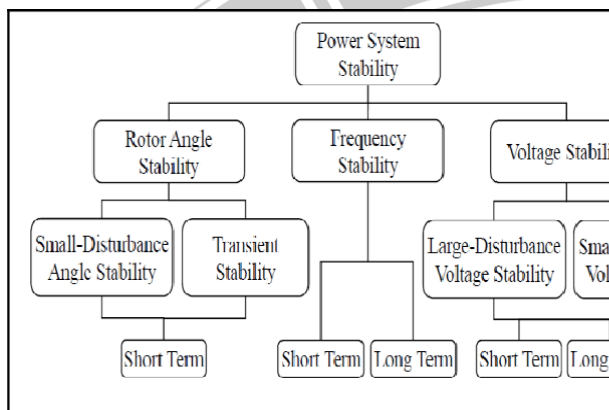


Figure 1: Block Diagram Structure of the Power System

**CAUSES OF UNDER FREQUENCY ON GENERATING UNITS**

**Frequency-dependent Load Shedding:** In some power systems, frequency-dependent load shedding schemes are implemented to prevent widespread blackouts during under frequency events. These schemes automatically shed non-essential loads when the frequency drops below a certain threshold, helping to restore the balance between generation and demand. However, frequency-dependent load shedding can also contribute to under frequency conditions if the shedding is not properly coordinated or if the amount of shedding is insufficient to stabilize the system.

### EFFECTS OF UNDER FREQUENCY ON GENERATING UNITS

Under frequency can have significant effects on generating units within a power system, impacting their performance, reliability, and longevity. It can have profound effects on generating units within a power system, ranging from increased mechanical stress and wear to reduced efficiency, performance, and reliability.

**Mechanical Stress:** Under frequency conditions can subject generating units to increased mechanical stress, particularly on rotating machinery such as turbines, generators, and shafts. The decrease in frequency results in a reduction in rotational speed, causing changes in mechanical loading. Rapid fluctuations in speed and loading can accelerate wear and tear on components, leading to fatigue, cracking, or deformation of critical parts.

**Increased Wear and Tear:** Generating units operating under frequency conditions are subjected to higher levels of mechanical and thermal stress, which can accelerate the deterioration of components. Bearings, seals, gears, and other moving parts experience increased friction and wear, leading to reduced lifespan and increased maintenance requirements. In extreme cases, under frequency events can cause catastrophic failures of key components, resulting in costly repairs or downtime.

**Potential for Overheating:** Under frequency conditions can lead to overheating of electrical components within generating units, such as stator windings, rotor windings, and insulation materials.

The decrease in frequency can reduce the effectiveness of cooling systems, leading to temperature rise and thermal stress. Overheating can degrade insulation materials, reduce electrical efficiency, and increase the risk of insulation breakdown or short circuits, posing safety hazards and reliability concerns.

**Reduced Efficiency and Performance:** Operating generating units under frequency conditions can adversely affect their efficiency and performance. The decrease in frequency alters the operating characteristics of turbines, generators, and other equipment, leading to suboptimal performance and reduced power output. Lower efficiency translates to higher fuel consumption and operating costs, diminishing the economic viability of power generation facilities.

**Risk of Generator Tripping or Shutdown:** Under frequency events pose a risk of generator tripping or automatic shutdown, particularly if protective relay systems are activated to safeguard equipment and prevent damage. Generators may trip offline to prevent overheating, overloading, or instability, further exacerbating under frequency conditions and compromising grid stability. The sudden loss of generating capacity can exacerbate voltage and frequency deviations, potentially leading to cascading failures and widespread blackouts.

**Long-Term Degradation:** Repeated exposure to under frequency conditions can contribute to long-term degradation of generating units, compromising their reliability and longevity. Components subjected to frequent stress and thermal cycling may experience accelerated degradation and reduced lifespan, necessitating more frequent maintenance, repairs, or replacements. Over time, the cumulative effects of under frequency events can degrade the overall performance and reliability of power generation assets, increasing the risk of unplanned outages and disruptions.

### IMPACT ON POWER SYSTEM OPERATIONS

Under frequency events can have far-reaching impacts on power system operations, affecting voltage stability, triggering protective system activation, compromising grid stability, causing



generation tripping, and posing operational challenges for power system operators.

**Voltage Instability:** Under frequency conditions can lead to voltage instability within the power system. As frequency decreases, the reactive power demand increases, affecting voltage levels across the grid. Voltage fluctuations can cause over-voltages or under-voltages, impacting the operation of electrical equipment, affecting the performance of sensitive loads, and potentially causing damage to connected devices.

**Frequency-Dependent Protection System Activation:** Many protective devices in power systems, such as relays, circuit breakers, and load shedding schemes, are designed to respond to deviations in frequency. Under frequency events can trigger protective relays to disconnect faulty equipment, isolate affected sections of the grid, or shed non-critical loads to restore balance. While these protection systems are essential for safeguarding power system equipment and preventing cascading failures, their activation can exacerbate under frequency conditions and lead to further disruptions in power supply.

**Grid Instability and Cascading Failures:** Under frequency events can compromise the stability of the entire power grid, potentially leading to cascading failures and widespread blackouts. Frequency deviations can propagate through the grid, triggering a chain reaction of generator tripping, load shedding, and voltage collapse. If not promptly addressed, under frequency events can escalate into a system-wide blackout, causing extensive economic losses, disrupting critical services, and posing risks to public safety.

**Generation Tripping and Loss of Capacity:** Under frequency conditions may cause generators to trip offline or automatically reduce their output to prevent damage or instability. The sudden loss of generating capacity further exacerbates frequency deviations, leading to a vicious cycle of imbalance between generation and demand. Generator tripping can also result in reduced reserve margins, limiting the grid's ability to respond to unforeseen contingencies and increasing the risk of prolonged outages.

**Operational Challenges and Grid Resilience:** Under frequency events pose operational challenges for power system operators, requiring rapid response and coordination to restore frequency stability and mitigate the impact on grid reliability. Operators must implement corrective measures such as load shedding, generation re-dispatch, or emergency reserves activation to address frequency deviations and prevent system-wide disturbances. Enhancing grid resilience through improved monitoring, control, and communication systems is essential for mitigating the impact of under frequency events and ensuring the reliable operation of power systems in the face of dynamic operating conditions and unforeseen disruptions.

### MITIGATION STRATEGIES FOR MINIMIZING UNDER FREQUENCY EFFECTS

Mitigating under frequency effects requires a combination of proactive measures and responsive strategies to maintain frequency stability and ensure the reliable operation of power systems. The mitigating strategies are as explained below:

**Governor Control and Frequency Regulation:** Governor control systems play a crucial role in regulating the output of generating units to match changes in electrical load and maintain frequency stability. Governors adjust the speed and power output of turbines in response to frequency deviations, helping to restore balance between generation and demand. By modulating the turbine's governor valves, generating units can increase or decrease their output to compensate for frequency fluctuations and stabilize the grid.

**Load Shedding Schemes:** Frequency-dependent load shedding schemes are implemented to shed non-essential loads during under frequency events, helping to restore balance between generation and demand and prevent widespread blackouts. Load shedding algorithms prioritize the disconnection of less critical loads based on predefined criteria, such as load priority, duration, and location. By shedding excess load, power system operators can alleviate pressure on generating units and restore frequency to acceptable levels.



**Automatic Generation Control (AGC):** AGC systems continuously monitor frequency deviations and adjust the output of generating units in real-time to maintain frequency stability within predefined limits. AGC algorithms calculate the required generation adjustments based on frequency measurements and dispatch signals, coordinating the response of multiple generating units to restore balance between generation and load. By optimizing generation dispatch and minimizing frequency deviations, AGC systems enhance grid stability and reliability.

**Redundancy and Backup Systems:** Redundancy and backup systems are essential for ensuring the resilience of power systems and mitigating the impact of under frequency events. Backup generating units, emergency reserves, and standby power plants can be activated during periods of frequency instability to provide additional generation capacity and support grid stability. Redundant transmission lines, transformers, and substations help to maintain grid integrity and reliability by ensuring alternate paths for power flow and minimizing the risk of single points of failure.

**Grid Modernization and Smart Grid Technologies:** Grid modernization initiatives leverage advanced technologies, such as phasor measurement units (PMUs), synchro-phasors, and real-time monitoring systems, to enhance grid resilience and responsiveness to under frequency events. Smart grid technologies enable more accurate and timely detection of frequency deviations, facilitating rapid response and control actions to mitigate the impact on power system operations. By improving situational awareness and control capabilities, smart grid solutions empower power system operators to proactively manage under frequency events and optimize grid performance.

**Integration of Energy Storage Systems:** Energy storage systems, such as batteries, flywheels, and pumped hydro storage, can provide fast-acting and flexible solutions for mitigating under frequency effects. Energy storage systems can respond rapidly to frequency deviations by injecting or absorbing power into the grid, helping to stabilize frequency and restore balance between generation and load. By providing grid support services such as frequency regulation and ancillary services, energy storage

systems enhance grid reliability and resilience in the face of dynamic operating conditions.

**Demand Response Programs:** Demand response programs engage electricity consumers in actively managing their energy consumption in response to grid conditions, including under frequency events. By incentivizing consumers to reduce or shift their electricity usage during peak demand periods or frequency disturbances, demand response programs help to alleviate pressure on generating units and stabilize the grid. By leveraging demand-side flexibility, demand response initiatives contribute to overall grid stability and reliability, reducing the likelihood of under frequency events and mitigating their impact on power system operations.

Mitigating under frequency effects requires a comprehensive approach that combines proactive measures such as governor control, load shedding, and AGC with responsive strategies such as redundancy, grid modernization, energy storage, and demand response. By implementing a diverse portfolio of mitigation measures, power system operators can enhance grid resilience, maintain frequency stability, and ensure the reliable operation of power systems in the face of dynamic operating conditions and unforeseen disruptions.

### IMPORTANCE OF FREQUENCY STABILITY IN POWER SYSTEMS

There are a few factors that need to be considered in order to maintain system frequency in the power system in a small band. The performance of generators in conventional power stations is highly dependent on the performance of all auxiliary electric drives. These services bring air and fuel to the boiler, oil bearings and cooling services across all systems. If low speed occurs due to low frequency, it will greatly affect these resources. Outputs to power stations will decrease, and this will lead to more closure of power stations. Frequencies below 47Hz will result in damage to steam engines, while hydroelectric power plants and thermal units are much stronger. Frequencies of up to 45Hz, may be the worst possible result, which is termination. Power converters are sensitive to variance of the system frequency and can be overloaded if the frequency is from the normal value. To ensure that AC electric motors operate at a constant speed, a fixed speed is required. In a few consumer applications, the AC engine is used to drive



equipment at a relatively limited price. The main frequency may be used in electrical systems as a basis for timing various processes. Maintaining frequency stability in power systems is crucial for several reasons:

**Equipment Performance:** Many devices and appliances, especially those with motors or timing mechanisms, rely on a consistent electrical frequency to operate efficiently. Fluctuations in frequency can lead to malfunctions or damage to equipment.

**Grid Reliability:** Frequency stability is essential for ensuring the reliable operation of the entire power grid. Maintaining a stable frequency helps prevent blackouts, brownouts, or other disruptions to electricity supply, which can have significant economic and social consequences.

**Generation and Load Balance:** Frequency is a direct indicator of the balance between electricity generation and demand. Deviations from the nominal frequency signal imbalances that can strain generating units or result in underutilized capacity. Maintaining frequency stability ensures that generation and load remain in equilibrium, optimizing system efficiency.

**System Protection:** Many protective devices in power systems, such as relays and circuit breakers, are designed to respond to deviations in frequency. Maintaining frequency stability helps ensure that these protective systems function correctly, preventing equipment damage, fires, or other safety hazards.

**Integration of Renewable Energy:** With the increasing penetration of renewable energy sources like wind and solar, maintaining frequency stability becomes more challenging due to their variable nature. Effective frequency control mechanisms are essential for integrating renewable energy sources into the grid while maintaining system reliability. Overall, frequency stability is a cornerstone of power system operation, ensuring efficient, reliable, and safe delivery of electricity to consumers.

### FUTURE CONSIDERATIONS AND CHALLENGES

Future considerations and challenges in managing under frequency events in power systems include:

**Integration of Renewable Energy:** The increasing penetration of renewable energy sources, such as wind and solar, presents challenges for maintaining frequency stability. Renewable energy generation is often intermittent and variable, leading to fluctuations in generation output that can impact grid frequency. Integrating renewable energy sources while ensuring frequency stability requires innovative grid management techniques, energy storage solutions, and advanced control strategies.

**Grid Modernization:** Aging infrastructure and increasing demand for electricity necessitate grid modernization initiatives to enhance grid reliability, resilience, and flexibility. Upgrading transmission and distribution networks, deploying advanced monitoring and control technologies, and implementing smart grid solutions are essential for improving grid response to under frequency events and mitigating their impact on power system operations.

**Energy Storage Solutions:** Energy storage systems, such as batteries, pumped hydro storage, and flywheels, play a critical role in mitigating under frequency effects by providing fast-acting and flexible grid support services. Deploying energy storage systems at strategic locations within the grid enables rapid response to frequency deviations, helps stabilize grid frequency, and enhances overall grid resilience. However, cost, scalability, and regulatory barriers remain challenges for widespread adoption of energy storage solutions.

**Demand-Side Management:** Engaging electricity consumers in demand-side management programs can help reduce peak demand, alleviate pressure on generating units, and enhance grid stability. Implementing demand response initiatives, incentivizing energy efficiency measures, and promoting demand flexibility can contribute to overall grid reliability and resilience, particularly during under frequency events. However, addressing barriers such as consumer participation, technology adoption, and market incentives is



essential for the effectiveness of demand-side management strategies.

**Cybersecurity and Resilience:** With the increasing digitization and interconnectedness of power systems, cybersecurity threats pose significant challenges to grid reliability and resilience. Protecting critical infrastructure from cyber-attacks, ensuring data integrity, and enhancing resilience to cyber threats are essential for safeguarding power system operations and mitigating the risk of under frequency events caused by cyber incidents.

**Policy and Regulatory Frameworks:** Establishing clear policy and regulatory frameworks is essential for addressing under frequency challenges and promoting grid resilience. Implementing standards for frequency management, incentivizing investments in grid modernization and energy storage, and facilitating collaboration among stakeholders are critical for overcoming barriers to effective under frequency mitigation.

Addressing these future considerations and challenges requires a collaborative effort among policymakers, regulators, grid operators, industry stakeholders, and technology providers. By investing in innovative solutions, adopting best practices, and fostering a culture of resilience, power systems can effectively manage under frequency events and ensure the reliable and sustainable delivery of electricity to consumers.

### CONCLUSION

Maintaining frequency stability is paramount for the reliable and efficient operation of power systems. Under frequency events pose significant challenges and can have far-reaching impacts on generating units, grid operations, and overall grid reliability. From historical incidents to future considerations, it's evident that addressing under frequency requires a multifaceted approach involving proactive measures, responsive strategies, and collaborative efforts across the industry. By implementing mitigation strategies such as governor control, load shedding, automatic generation control, and grid modernization, power system operators can enhance grid resilience and minimize the impact of under frequency events. Integration of renewable energy,

deployment of energy storage solutions, engagement in demand-side management, and strengthening cybersecurity measures are crucial for addressing future challenges and ensuring grid reliability in the face of dynamic operating conditions and evolving threats. In facing these challenges, it's essential for policymakers, regulators, grid operators, technology providers, and consumers to work together to develop robust policy frameworks, foster innovation, and promote investments in grid resilience. By embracing innovation, adopting best practices, and prioritizing grid reliability, power systems can effectively manage under frequency events and ensure the reliable and sustainable delivery of electricity to meet the needs of society now and in the future.

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